



Course Syllabus

10.2020

HSI NRS 306
Personal Development II
1 Credit Hour
Winter I 2020

Course Instructor

Deb Savage, EdS, MSN, RN

deb.savage@doane.edu

Phone: Will give to you when class starts

Office hours: Contact the instructor to schedule an appointment as needed

Course dates: October 12 - December 11

Location: Online

Required Textbook and Supplemental Materials

Text: Mastering Life's Energies
Author: Maria Nemeth, PhD
Publisher: New World Library (2007)
ISBN-10: I-57731-531-6
ISBN-13: 978-I-57731-531-5

Movie: Legend of Bagger Vance
Refer to the learning management system (i.e. Blackboard, Canvas) for purchase options

Additional readings assigned will be provided in class.

Optional

None

Course Details

Course description

The foundation of this course is development of leadership skills and disposition through self-reflection leading to personal and then professional growth. To be an effective leader, one has to develop the skills of self-reflection and the ability to look "inward" rather than "outward". This is achieved in this class through coaching interaction and discussion based learning. Students build on knowledge and assessments from 305 to better discover who they are, what their strengths and challenges are, and where they want to go. This process leads to students identifying and or discovering their: core values, operating definition, and guiding principles as they relate to their leadership paradigm. Prerequisite: NRS 305. Cross-referenced with HSI 306.

Nursing Program Learning Outcomes Met in this Course

1. Employ leadership skills and effective communication strategies as a collaborative member of the interprofessional team to improve patient health outcomes. (Program Outcome 4)
2. Demonstrate a commitment to professional values, lifelong learning, and reflection of personal beliefs and values to foster self-renewal and professional growth and development. (Program Outcome 5)

Course Student Learning Objectives

1. Apply the self-reflection process to the development of their personal well-being and their nursing practice.
2. Apply tools to define, develop, and focus on core values and purpose.
3. Construct a set of personal and professional core values.
4. Apply the outcomes of self-awareness on the process of developing leadership characteristics.

Instructional Details

This course will use a combination of instructional approaches which may include, but are not limited to: large group discussion, small group discussion, written reflection, and papers based on assigned reading, videos, and lecture.

Course Evaluation

Grading Scale & Feedback

Assignment of letter grades is based on a percentage of points earned, without rounding. The letter grade will correspond with the following percentages achieved. All course requirements must be completed before a grade is assigned.

A+	97-100	A	94-96	A-	90-93
B+	87-89	B	84-86	B-	80-83
C+	77-79	C	74-76	C-	70-73
D+	67-69	D	64-66	D-	60-63
F	59 and below				

Feedback: Please allow 3-5 days for feedback on assignments. This timeframe is dependent upon the level of detail that I provide and the number of students in the course. I expect you to read my feedback and make changes, if needed.

Preliminary Class Schedule and Topics

Subject to changes, a preliminary overview of class plans and topics (e.g., schedule). See Blackboard for schedule and information.

Technical Support Contact Information

If you are in need of technical assistance please access the [Self Service Portal](#). You may reach the help desk at 402-826-8411 or by email at helpdesk@doane.edu.

Academic Integrity Fundamental to our mission, our core values, and our reputation, Doane University adheres to high academic standards. Students of Doane University are expected to conduct themselves in a manner reflecting personal and professional integrity. Disciplinary actions may be taken against

students whose academic behavior is not congruent with the expectations of the University. Students are responsible for adhering to the standards detailed in this policy. Not being familiar with these standards does not mean that the students will not be accountable for adherence to them. Additional details on the Academic Integrity policy for violating academic integrity are published in the undergraduate and graduate catalogs.

Accommodations: Any student who thinks they may need an accommodation based upon the impact of a disability should contact the Office of Disability Services (<https://www.doane.edu/disability-services>) to coordinate reasonable accommodations as soon as possible.

Syllabus Changes

The instructor and Doane University reserve the right to make changes as necessary to this course syllabus. All students will be notified of any changes.

Doane Syllabus Addendum

The purpose of this syllabus addendum is to provide students with information that supplements the University catalog and other institutional policies. It is the student's responsibility to become familiar with these items and abide by all policies while enrolled at Doane University. Each student is responsible for being aware of the policies, resources, and expectations as specified in the Doane Syllabus Addendum located at:

<https://www.doane.edu/Syllabus>

Online Courses ONLY

Online Course

This is an online course and therefore there will not be any face-to-face class sessions. All assignments and course interactions will utilize internet technologies.

Communicating With the Instructor

This course uses a “three before me” policy in regards to student to faculty communications. When questions arise during the course of this class, please remember to check these three sources for an answer before asking me to reply to your individual questions:

1. Course syllabus
2. Announcements in Canvas
3. Review assignment directions (maybe for the second time) in Canvas

This policy will help you in potentially identifying answers before I can get back to you and it also helps your instructor from answering similar questions or concerns multiple times.

If you cannot find an answer to your question, please first re-read the course syllabus, announcements in Blackboard and/or assignment directions before you contact the instructor. Often, the answer to your question is located within the course.

If you have questions of a personal nature such as relating a personal emergency, questioning a grade on an assignment, or something else that needs to be communicated privately, contact me via email or phone. My preference is that you will try to email me first. Please allow 24 hours for me to respond to emails Monday-Friday and 48 hours on the weekend.

If you have a question about the technology being used in the course, please contact the Doane University Help Desk for assistance.

Phone: 402-826-8411

Email: helpdesk@doane.edu

Web: <http://www.doane.edu>

Computer Requirements

Minimum **computer** requirements for the successful use of Blackboard:

http://www.doane.edu/about-doane/offices/its/help-and-support#min_requirements

Minimum computer requirements for success in this course:

- Reliable computer and internet connection
- A web browser (Chrome or Mozilla Firefox)
- Adobe Acrobat Reader (free)
- Adobe Flash Player (free)
- Word processing software—Microsoft Word or Google Docs
- Webcam and mic
- **Do NOT use smartphones or iPads (unless they meet above requirements)**

You are responsible for having a reliable computer and internet connection throughout the course.

Email and Internet

You must have an active Doane University e-mail account and access to the Internet. *All instructor correspondence will be sent to your Doane University e-mail account.* Please plan on checking your Doane Gmail account regularly for course related messages.

This course uses Canvas for the facilitation of communications between faculty and students, submission of assignments, and posting of grades.

Submitting Assignments

All assignments, unless otherwise announced by the instructor, **MUST** be submitted via Canvas. Each assignment will have a designated place to submit the assignment.

Campus Network or Canvas Outage

When access to Canvas is not available for an extended period of time (greater than one entire evening - 6pm till 11pm) you can reasonably expect that the due date for assignments will be changed to the next day (assignment still due by midnight).